



ST. JOHN'S COLLEGE, ANCHAL

9(K)BN NCC, KOTTARAKKARA

ANNUAL REPORT

2023-2024

1.INTERNATIONAL YOGA DAY

21-JUNE -2023



Yoga is an invaluable gift of India's ancient tradition. Yoga can help improve our physical, mental, and spiritual health. International Yoga Day is celebrated on 21 st of June every year. Our unit celebrated the 8 th International Yoga Day on 21st June 2023 under the guidance of our principal. A meeting were conducted headed by our principal. Through this meeting we were able to understand the history of yoga and its significance in the current world. We did certain yogasanas on that day and we pledged to maintain a routine for doing yoga.

2. RAIN WATER HARVESTING

26-JULY-2023

A rain water harvesting programme was conducted on 26 th July 2023 in our college. We the cadets resolved the issues related to the rain water harvesting in our college. We also cleaned the rain water harvesting system and its surroundings under the guidance of our ANO Lt Dr Arun.P.S.It was conducted to strengthen the programme "Jal Shakti Abhiyan".



3. INDEPENDENCE DAY

15-AUGUST-2023



We celebrated the India's 77 th Independence day on 15th August 2023. Our NCC unit conducted programmes to celebrate our country's independence day with the theme 'Nation first, Always first'. Our unit also conducted quiz program to commemorate the freedom fighters as part of wider 'Azadi ka Amrit Mahotsav' celebrations.

4. MERI MATTI MERA DESH

26-SEPTEMBER-2023



Amrit Kalash Yatra was conducted to commemorate the Indian Soil and Indian freedom journey on 26th September 2023 under the banner 'Meri Matti Mera Desh'. The programme was organized in association with NCC Unit of St. John's College Anchal, Indian Bank Anchal and Nehru Yuva Kendra Kollam. It was the second phase programme conducted in Kollam District.

The programme was inaugurated by Dr Nisha Thomas (Principal of St Johns College, Anchal). The programme was started with 'Panch pran' pledge and rallied to nearby houses. The soil from the houses was collected in the 'Mitti Kalash'. The NCC cadets and ANO of St. John's College Anchal, Manu Mohan (Branch Manager, Indian Bank Anchal), Deepak D.R.(Branch Manager, Indian Bank Channapetta) and Bank officials of Indian Bank, Syam, Bhagyashree, Beena, Surendran and Jeevan Lal also took part in this rally.

5. GANDHI JAYANTI

02-OCTOBER-2023

October 2, 2023 is Gandhi Jayanti that commemorates the birth of Mahatma Gandhi, the father of the nation. We the cadets of St John's College, Anchal conducted cleaning programmes on this day. We cleaned our college premise to RO junction. This is done to give awareness about clean surroundings within students of various schools and colleges. The day is significant for honoring Gandhi's life and principles, promoting his ideals of non-violence and civil disobedience, and advocating for peaceful resistance.



6. ANTI-DRUG CAMPAIGN

14-NOVEMBER-2023



In order to spread the negative impacts of drugs on human life our unit conducted an anti-drug campaign specially aimed for higher secondary students on 14th November 2023. The main aim of this campaign was to create awareness about drug abuse among teenagers. Several colourful posters and write ups which conveys the impact of drug abuse were also made for them.

7. REPUBLIC DAY CELEBRATION

26-JANUARY-2023



We all know that the constitution of India came into effect on 26 January 1950. From that year onwards it is celebrated annually. Our NCC unit celebrated Republic Day on 26th January 2024 as the whole country celebrates it. The flag host was done by one of our college's professor Dr Anu Vargheese. She also gave a Republic Day message to the cadets. A PA staff from our battallion also participated in this programme.

8. AGNIVEER ORIENTATION CLASS

20-FEBRUARY-2024

On 20 th February 2024 our we conducted a programme titled Agniveer orientation class headed by our ANO Lt Dr Arun P. S. He conducted an interactive session where we can resolve our doubts regarding Agniveer recruitments. Agniveers are the youth who serve in the military for short duration. The Agnipath scheme is a short-term military enlistment program that recruits young Indians into the Indian military for four years. This class helped us to clear our doubts about Agniveer recruitments.



9. BLOOD DONATION DAY

26-FEBRUARY-2024



On 26 th February 2024 our unit conducted a blood donation drive at St John's College Anchal in cooperation with KIMSAT hospital, Govindamangalam (Kadakkal). There were active participation of cadets. By donating their blood they expand the message" Give blood, give plasma, share life, share often". Thus the cadets encourage more people especially students of our college to become new donors.

INDIVIDUAL ACHIEVEMENTS

<u>CADETS</u>	<u>ACHIEVEMENTS</u>
<i>SUO JAYARAM R</i>	<ul style="list-style-type: none">• ARMY ATTACHMENT CAMP• ALL INDIA NATIONAL TREKKING CAMP
<i>UO AKSHAYA SAJEEV</i>	<ul style="list-style-type: none">• ALL INDIA GIRLS TREKKING EXPEDITION, NILGIRI TREK 2022
<i>CQMS ABHISHEK AG</i>	<ul style="list-style-type: none">• ALL INDIA NATIONAL TREKKING CAMP
<i>SGT GOURIKRISHNA RR</i>	<ul style="list-style-type: none">• TSC IGC 2023• RDC IGC 2023• AIR PISTOL FIRING TEAM 9K(BN) NCC
<i>SGT PRANAV B NAIR</i>	<ul style="list-style-type: none">• TSC IGC 2023• ARMY ATTACHMENT : TENT PITCHING FIRST• EBSB KERALA BEST CAMP SENIOR• AIR PISTOL FIRING TEAM 9K(BN) NCC• INDIAN NAVAL ACADEMY BEST SWIMMER, BOAT PULLER
<i>CPL AROMAL M</i>	<ul style="list-style-type: none">• TSC IBC 2023• ARMY AIR DEFENCE ATTACHMENT CAMP, PUNE
<i>SGT VAISAKH J</i>	<ul style="list-style-type: none">• RDC IGC 2023
<i>SGT HARDA M L</i>	<ul style="list-style-type: none">• ARMY ATTACHMENT CAMP, ESSAY COMPETITION 1ST PRICE
<i>SGT MEGHA A S</i>	<ul style="list-style-type: none">• PRE IGC RDC 2023
<i>CDT MANOVA SAJI</i>	<ul style="list-style-type: none">• ALL INDIA TREKKING CAMP TIRUPATI

ARMY ATTACHMENT CAMP

- 1. ANANDHU P S**
- 2. ABHIMANYU UDAY**
- 3. ALAN MATHEW**
- 4. ARUN NATH R**
- 5. ALAN DEVASIA JOSEPH**
- 6. ASWIN BIJU**
- 7. JAYAKRISHNA J**
- 8. JEWEL S LAL**
- 9. THEJUS SIMON**
- 10. JITHU R**
- 11. CHANDU S**
- 12. ATHUL S ANIYAN**
- 13. VIJIN V**
- 14. VISMAYA S**
- 15. GOPIKA KRISHNAN**